

# The Soft Brushing Kit

**1/ The Concept**: the concept of the Soft Brushing is to disorganize the collagen fibers of the fibrous periosteum: the stiffness is reduced and the flap release increases just by using the brushes.

**2/ The brush tools do not cut at all anything** The flap release is the result of the separation of the periosteum fibers

#### 3/ The kit contains 5 instruments

- a. Regular
- b. Angulated R (right) for posterior area
- c. Angulated L (left) for posterior area
- d. Medium size
- e. XL size

### 4/ There are 2 possibilities of brushing: soft and slightly aggressive

- f. Apical to coronal: soft
- g. <u>Coronal to apical:</u> the brush is more rough (when the flap is scarred: it's possible to be more aggressive).

## **5/ The brushing is made after a full thickness flap elevation**: as deep as possible..

Brushing is only *possible after a full thickness flap elevation*, which has to be *as deep as possible*..

Pull the flap with a forceps and start brushing with the small size (regular or angulated for a posterior area). The movement is very precise: the brush is in contact with the periosteum and doing the same application: extension and brushing in a circular movement



After the first release, you can use the medium or XL in large flaps.

#### 6/ The flap release increases fast. Easy to augment of more than 1cm..

7/ Sometimes it takes a little bit more time. Keep brushing until the release is enough...

**8/ In the lingual flap**, it's very easy and secure to separate the mylohyoid muscle very gently just by brushing. It's possible also to brush the periosteum of the lingual flap.

After brushing, you can check the periosteum, it's not damaged.

